



WHAT IS A PREGNANCY RESOURCE CENTER?

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A pregnancy resource center (PRC) is an organization that offers material, emotional, and often spiritual support to women and men facing an unexpected pregnancy, seeking support for infants or toddlers, or looking for guidance before or healing after an abortion. In 2019, [PRCs nationwide](#) served almost two million people and provided nearly \$270 million in services. Although each PRC is unique, these organizations seek to support women and men through the duration of the mother's pregnancy and after the birth of the child by assisting with various needs, including clothing, diapers, wipes, formula; education about pregnancy, parenting, and life skills; and medical services like pregnancy tests, ultrasounds, and STD testing. Many PRCs also offer housing for mothers and their children, spiritual support, clothing, assistance for victims of abuse and human trafficking, and guidance when applying for Medicaid, SNAPs, and WIC. PRCs offer loving care for mothers and fathers in need.

WHERE CAN I FIND ONE?

To find a pregnancy resource center, visit Pregnancy Decision Line at pregnancydecisiononline.org or call 866-804-4717. Pregnancy Decision Line provides confidential, free support to anyone facing an unexpected pregnancy. You can also visit Option Line at www.optionline.org or call or text at 1-800-712-4257. In addition to offering emergency hotline support and information about pregnancy and abortion recovery, Option Line connects you with a PRC near you for local support.

HOW CAN I SUPPORT PREGNANCY RESOURCE CENTERS?

PRCs depend on the consistency and faithfulness of prayer, volunteers, financial donations, and material donations (clothes, diapers, wipes, formula, etc.). You and your community might be able to commit to one or more of these needs. Call your local PRC and ask about their immediate needs. Whether it is organizing diapers, praying for women, teaching an online parenting class, or making a monthly donation, PRCs and the mothers they serve are grateful for the support. Single parents and couples need supportive communities, especially when facing an unexpected pregnancy.

HOW CAN MY CHURCH GET INVOLVED?

PRCs are always grateful for the assistance of churches. Connect with your local PRC to learn about their specific needs and post about volunteer opportunities in the church's bulletin. Schedule group service days at the PRC for the youth and adults (this is an excellent opportunity to open young people's eyes to the needs right in their neighborhood). Dedicate a month to collecting diapers, wipes, formula, and other materials. Ask your local PRC what materials they are most in need of to get started. And, of course, pray. As a congregation, pray not only for the end of abortion but also for moms and dads in need and those who help them.

