Religious Worship and Sexual Fulfillment

Today, many people think that the church limits sexual fulfillment. However, data analysis from the Marriage and Religion Research Institute (MARRI) shows that adults who attend church at least once a week have more fulfilling sexual relationships than those who less frequently.

- Those who worship weekly were most likely to report feeling satisfied during intercourse with their current sexual partner (97 percent).
- Those who worshiped weekly were most likely to report feeling thrilled and excited during intercourse. Whereas those who never worshiped were least likely to report feeling thrilled and excited.
- Those who worshiped less than monthly were the most likely to report they "moderately" enjoyed intercourse with their current sexual partner (17.3 percent).
- Those who never worshiped were almost twice as likely as those who attended church weekly or more to have reported having “slightly” or “not at all” enjoyed intercourse with their current sexual partner.

For a more in-depth look at these findings read our sources here:

1. 'Degree to Which Respondent Enjoys Intercourse with Current Sexual Partner' by Current Religious Attendance and Marital Status
2. Feels Satisfied During Intercourse
3. Feels Thrilled, Excited During Intercourse with Current Sexual Partner