

95 Social Science Reasons for Religious Worship and Practice

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Executive Summary

A century ago, non-believers could push religion aside as an irritating superstition that had to be endured because the majority and the Founder Fathers held to it. To ignore religion today, atheists would also have to throw reason and science aside as well, because developments in sociology, psychology and economics make religion's abundant benefits clear to all who investigate it:

- In Marriage and Family: Valuing and regularly practicing religion lead to greater marital stability and satisfaction.
- In Parenting: Parents who worship enjoy a better relationship with their children and are more involved in their education.
- In Sexual Attitudes and Behavior: Religious adults enjoy sexual relations more than the non-religious do.
- In Health: The more people worship, the healthier they are and the longer they live.
- In Mental Health: The more people worship and pray, the happier they are and the greater their mental health.
- In Charitable Giving: Religious individuals give much more to charity than their secular counterparts.
- In Education: The more students worship, the higher their GPAs.
- Regarding Divorce: When both spouses worship frequently, they are much less likely to ever divorce.
- Regarding Addictive Behaviors: The more people worship, the less likely will they be involved with or addicted to drugs.

For those who do place faith in science, the data are clear: religious practice is not only good for individuals, but also for the common good; the more man worships God, the better he fares, and the better society fares, on all measures.